

Active Lives Children and Young People Survey

Academic year 2023 to 2024
SUMMER TERM

Example Infant School

Version 1:

Issued September 2024



Activity breakdown

The tables below show the percentage of those who report taking part in each activity in the previous week and the percentage of those who used each method of getting to school.

National figures from 2022 to 2023 for these activities are also shown in brackets.

Sports and Activities (year 1 to year 2 only)

National data from
2022 to 2023

Walking	91%	(65%)
Climbing frame	79%	(31%)
Running games	71%	(51%)
Football	67%	(46%)
Gymnastics	62%	(28%)
Scooter	62%	(44%)
Skipping	52%	(-%)
Riding a bike	50%	(40%)
Swimming	40%	(43%)
Trampoline	38%	(33%)
Dancing	36%	(33%)
Tennis	28%	(19%)
Roller skating	21%	(12%)
Judo or karate	17%	(9%)
Netball or basketball	16%	(16%)
Cricket	14%	(12%)

Getting to school (year 1 to year 2 only)

National data from
2022 to 2023

Walk	55%	(44%)
Car	41%	(48%)
Scooter	12%	(10%)
Bus	2%	(4%)
Bike	0%	(7%)
Train, Tram, Tube	0%	(3%)

Have you considered?

Have you discussed how pupils travel to school?

Wellbeing and attitudes to physical activity

National figures from 2022 to 2023 for each measure are shown in brackets.

Pupils were asked about feelings of happiness

"How do you feel today?"
(year 1 to year 2 only)



83%
(81%)



12%
(14%)



5%
(5%)

Pupils were asked about their attitudes to sport and physical activity

(year 1 to year 2 only)

55%

(62%)

love playing sport

61%

(63%)

love being active

81%

(80%)

find sport easy

46%

(66%)

love swimming

Have you considered?

What can be done to increase the number of pupils enjoying PE and sport?

Healthy Schools Rating Scheme



The Department for Education's 'Healthy Schools Rating Scheme' is designed to recognise and encourage schools' contributions to supporting pupils' health and wellbeing. Your schools rating is assessed against your survey responses on food education, school food standards compliance, the amount of time children spend on PE each week, and participation in active travel schemes.

National figures from 2022 to 2023 are shown in brackets.

Providing food education for all pupils

Your school provides some of the options presented

- ✓ Pupils encouraged to support catering staff (7%)
- School grows food for on-site school meals (19%)
- ✓ Professional development for teachers on food (32%)
- ✓ Healthy eating is a curriculum priority (79%)
- Provide extra-curricular cooking clubs (20%)

Complying with School Food Standards

Your school provides some of the options presented

- ✓ At least annual assurance from caterers / local authority (76%)
- Part of an award or accreditation scheme (34%)
- ✓ Training for catering staff (64%)
- Oversight from nominated school governor (13%)
- ✓ Complies with food standards throughout the day (50%)
- Banned unhealthy items from packed lunches (28%)

PE time

What is the **least** amount of time spent doing PE each week?

110 (110)
minutes
per pupil at your school

Active Travel Schemes

- ✓ School monitors how pupils travel to school (69%)
- ✓ School promotes active travel to school (84%)

Have you considered?

Checking the government's guidance on [School Food Standards?](#)

Using [Public Health England's school resources](#) to encourage pupils to build healthier habits for life.

If you would like to access a healthy schools rating for your school please [download it here](#)

Notes

The Active Lives Children and Young People Survey is an online survey carried out by Ipsos.

Each term, a number of schools are randomly selected to take part in the survey, with the aim of getting just over 90,000 children and young people in Years 1 to 11 to complete it each academic year.

The survey runs on an annual basis. More information on the survey can be found on the Sport England website.

<https://www.sportengland.org/>

Example Infant School

<https://www.ExampleActivePartnership.co.uk/contact>

Survey timings

Fieldwork for the survey took place between 15th April and 26th July 2024.

Sample

58 pupils from 2 classes completed the survey:

22 Pupils from Year 1,

36 Pupils from Year 2,

28 parents completed the survey.

National Data within this report

On some pages, national level data from the 2022 to 2023 academic year is shown for reference. For your school, these are national figures from Year 1-2 (base: 17,361). Go to www.sportengland.org/ActiveLivesChildren23 to see the full National Report for 2022 to 2023.

National report

The seventh national report by Sport England will be published in December 2024 and will be accessible via the Sport England website. That report will include data from the 2023 to 2024 academic year.

No data available for this metric

You may see this message in place of a chart or statistic.

This is shown when there were fewer than 30 pupils or parents answering the question, or no data available.

Limitations of the data

Due to the small numbers of pupils from your school that have participated in the survey, it is not possible to make reliable comparisons between your school results and the national level data. National data is therefore only provided as an indication of the national picture.

Any differences between groups may be down to the small sample sizes and may not be real differences.

If your school gave responses from parents, or pupils in years 3 to 11, these are not shown because your school provided fewer than 30 responses of this type.

Attitudes and wellbeing

For this infant report of year 1 to 2 pupils the data on wellbeing and attitudes to sport as well as activity levels has been provided by pupils.

Further information

If you would like any further information about the results or survey, please contact your Active Partnership.