Learning disability healthcheck pathway

Active Dorset has a strategic objective to develop deeper and more diverse connections with organisations in our place. Understanding how we can work together, improving access to physical activity opportunities, particularly for those who experience inequality.

What happens currently

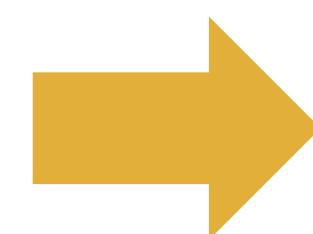




Our impact



As a result of an annual health check, patients should receive an action plan to support them in looking after their health and wellbeing.



As a result, Active Dorset are doing a piece of work to improve the quality of health action plans patients in Dorset receive.

We are working with colleagues in primary care and with People First Dorset to understand what improvements can be made.



What we know about people living with disabilities

- Many people with a learning disability experience poorer health, and die at a younger age. (NICE)
- Healthcare professionals are the preferred source of advice on sport and physical activity for disabled people (Activity Alliance).
- We also know that disabled adults are almost twice as likely as non-disabled people to be physically inactive (Active Lives Survey).

Proposed outcomes





- To co-produce an action plan template to be used as part of the annual health check that people with a learning disability receive.

 - Improve the quality of action plans so patients can leave their health check with a better understanding of how to look after their health and wellbeing.



national training offers.



